



## **Sandplay Community Update re: Covid-19**

June 5, 2020

We hope this update finds our CAST community members safe and well.

**Coronavirus update.** It is clear that it is impossible to predict the end of this pandemic, and that changes may occur on a daily basis. We are also seeing that variance in location and in public health messaging and policy, are contributing to diverse conditions across the country. CAST encourages and expects all its members to ensure the safety of their practice by following the advice of your health officials, as well as your regulatory body and/or professional organization, or your workplace. Once in-person psychotherapy sessions have been re-opened in your jurisdiction, CAST advises its members to consider resumption of the use of sand and figurines with reasonable caution, and only when their practice is prepared to institute requisite health and safety measures that protect client and therapist.

The **CAST Virtual Support Group** in English continues to meet monthly, with the next event planned for June 13, 1-2:30 EST. These community gatherings have been well attended as they bring us together in an atmosphere of shared learning and reconnection with the values and perspectives that bind us. Contact [cast.communitynetwork@gmail.com](mailto:cast.communitynetwork@gmail.com) to find out how to attend, or to inquire about gatherings in French.

**Trainings:** CAST activities that were to take place in person have been restructured for virtual learning where possible. Faculty are in touch with trainees with information about possible online events to ensure that we keep sandplay education alive, and keep you supported in your learning and practice. Please note that the hours of virtual learning that can be applied towards Certification or Practitioner Status remain limited according to ISST standards. Please check our website or reach out to faculty if you have any questions.

**Supervision:** offered to individuals and groups will continue as scheduled online. If you are not currently part of a group please be in touch with your faculty to be included in a way that is supportive to you.