



## TWO THREE-DAY INTENSIVE MODULES

### VIRTUAL TRAINING

Completion of all components of the training: introductory workshop, virtual training intensives, and following in-person Modules – provides 100 hours toward Sandplay Therapy certification with both CAST and ISST

#### **2020 Module 1**

November 15,16,17  
(18 hours)

**Prerequisites** for Module 1:  
Minimum 12 hours in-person or  
online training

**Prerequisites** for Module 2:  
Completion of Module 1  
(more details below)

#### **2020 Module 2**

December 6,7,8  
(20 hours)

Sunday through  
Tuesday: 9-12pm  
and 2-5pm  
6 hours per day with  
breaks



Sunday through  
Tuesday: 9-12pm  
and 2-5pm  
6 hours per day with  
breaks (+2 hours for  
assignment)

*“Often the hands will solve a mystery that the intellect has struggled with in vain”  
- CARL JUNG*

#### INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the  
International Association for  
Analytical Psychology (IAAP),  
recognizing Sandplay’s  
theoretical foundation in Jungian  
psychology.

visit [www.isst-society.com](http://www.isst-society.com)

#### CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member  
of the International Society for Sandplay  
Therapy (ISST) since 1998. Our faculty is  
comprised of Teaching Members authorized  
by CAST and ISST to offer training,  
supervision and advising, leading to  
certification with ISST.

visit [www.sandplaycanada.ca](http://www.sandplaycanada.ca)

#### CAST MEMBERSHIP BENEFITS

- Connecting with Canada’s Sandplay community
- Discounts for training and conferences
- Member newsletters

NOTE: Ongoing membership in  
CAST is required for certification  
candidates.

**Please note:**

- **The introductory workshop attendance is required as a prerequisite to the three-day virtual training (otherwise contact us prior to registration).**
- **Participation in the in-person intensive modules requires completion of both the introductory workshop and the two three-day virtual trainings as a prerequisite, unless there are exceptional circumstances.**
- **Completion of all components – workshop and the virtual and the in-person intensives – provides 100 hours toward Sandplay Therapy certification.**

## **TWO THREE-DAY INTENSIVE MODULES VIRTUAL TRAINING**

We are pleased to announce a unique opportunity to further your Sandplay Therapy training through virtual learning – **available only for the duration of 2020**. Due to the pandemic, the International Society for Sandplay Therapy has approved credit for **all virtual training hours** earned during 2020 (exceeding the current maximum allowable 20 hours).

While virtual learning has its challenges, there are also advantages: no need to travel nor find accommodations, the opportunity to work from the comfort of your personal work-space, and the chance to build your Sandplay skills safely during the current pandemic.

We hope that you will attend both Modules 1 and 2, for a total of 38 hours of ISST-approved training. While registration in Module 2 is not required for registration in Module 1, we hope you will see the value in this unprecedented opportunity and register for both.

The remainder of the training hours for achievement of the 100-hour requirement will be offered in 2021, with structure and timing to be determined.

Olga and Maria will share the teaching most suited to the time zone of their locations: Olga will facilitate the morning program and Maria the afternoon program.

All handouts and training materials are provided virtually.

The program will use the Zoom meeting platform.

### **Module 1** Virtual Training (18 hours)

November 15,16,17 – Sunday through Tuesday: 9-12pm and 2-5pm  
6 hours per day with breaks for reflection

### **Module 2** Virtual Training (20 hours)

December 6,7,8 – Sunday through Tuesday: 9-12pm and 2-5pm  
6 hours per day with breaks for reflection  
Plus 2 hours for completing a between-module assignment

## Prerequisites

### Prerequisites for Module 1:

1. Minimum 12 hours in-person or online training  
\*\* If you attended a 2020 8-hour virtual workshop, you will attend a 4-hour virtual workshop with Maria in late October or early November – date TBA
2. Submission of CAST Level I Training Application no later than October 25 (to Maria and Olga)

### Prerequisites for Module 2:

1. Completion of Module 1 Virtual Training (some exceptions allowed)
2. Completion of the between-module assignment
3. Submission of CAST Level II Training Application and narrative no later than November 22 (to Maria and Olga, and the CAST Registrar and Teaching Member Barbara Dalziel)
4. Acceptance to Level II requires membership in CAST – due December 1, 2020, \$110 payable online and valid through December 31, 2021

## INSTRUCTORS

**Maria Iosue and Olga Lipadatova co-teach in two-day virtual training and Modules 1 and 2. Workshops may be taught by one or both instructors.**

### Maria Iosue

(MSW/RSW, MA Soc)

Certified Sandplay Therapist and Senior Teaching Member of CAST and ISST, and a registered clinical social worker. Currently in private practice in Toronto, she also offers personal Sandplay process to therapists in training. Maria provides mental health services in a southern Ontario hospital to children and families, where she integrates creative therapies, including Sandplay, into her practice. She has trained and supervised on Jungian Sandplay in Canada and internationally, and has written for the Journal of Sandplay Therapy. Maria has also been an Instructor at Ryerson University in a collaborative educational program for First Nations social work practitioners. She is a past president and board member of CAST.

[maria@mariaiosue.ca](mailto:maria@mariaiosue.ca)

905.771.5211

### Olga Lipadatova

(PhD, ATR) Registered Psychotherapist with CRPO

**CAST and ISST** Certified Sandplay Therapist and Senior Supervisor and Teaching Member. Olga holds a Master's degree in ART Therapy from Concordia University, Quebec. She is the recipient of a federal grant for her doctorate research at Concordia University with its focus on Sandplay Therapy. Since 2003, Olga worked in mental health and community organizations, and in private practice as a psychotherapist, Sandplay Therapist, and Art Therapist. She has published, presented at various national and international conferences. Olga teaches Sandplay Therapy and also provides supervision and Sandplay process to trainees in Canada and abroad.

[olgalipadatova@gmail.com](mailto:olgalipadatova@gmail.com)

# TRAINING PROGRAM

All training seminars have three components: experiential, theoretical, and clinical. Experiential activities are used to teach the theory and principles of Kalfjian sandplay, which are then elaborated in lectures and discussion. Clinical examples from case material, used with permission, illustrate sandplay dynamics in client process and within the therapeutic relationship.

Illustrative sandpictures are used to develop "seeing" skills that include bodily responses, evocation of memories, emotions, prior knowledge, and intuitive sense-making dynamics; and, subsequently, analysis and interpretation of pictures based on rational guidelines, amplification of symbolic material, and meaning for the client. This learning is integrated with an understanding of issues in the clinical practice of sandplay, emphasizing the central role of the therapist.

Throughout the training participants will write about their experience and develop awareness of their dynamic process with sandplay and their professionalism as a sandplay therapist. The program includes, but is not limited to:

## • History and development of sandplay

Major influences on Kalfff; elements of sandplay in traditions of healing; therapist as a non-intrusive witness; silence/non-silence; the hands as knowers; observation strategies; cultural considerations.

## • Developmental psychology and its relation to sandplay

Emphasis on attachment dynamics, affect regulation and development of the self; developing a capacity for free-flowing play; psychological development as expressed through sandplay.

## • First sandpictures

Chaos and order; containment; ordering elements; movement and energy patterns; polarities in the tray; centering; looking for themes; what first pictures can tell us about the process.

## • Jungian psychology and sandplay

Relevant terms and dynamics; vertical and horizontal dimensions; inner and outer worlds; relational aspects; relationship of sandplay to other modalities for expression of unconscious material.

## • Symbols and symbolic process



The nature and role of archetypes in deep psychological work; personal and cultural associations to symbols.

## • The Mother archetype / the feminine and sandplay

Models of Jung, Neumann, and others; characteristics, imagery, and cultural examples.

## • The Father archetype / the masculine and sandplay

Models for understanding; personal and archetypal symbolism; cultural influences and attitudes.

## • Masculine and feminine

Relationship to Mother and Father archetypes; models of development; neuroscience, attachment and sandplay.

## • The Child archetype

Exploration of imagery; different child archetypes: inner child; abandoned child; divine child.

## • The Self in sandplay, myth and fairytales

Self as organizing principle of the psyche; manifestations in sandplay, myths, and fairytales.





**To register** complete the online registration form(s). Submit the required Level Application Form. Make timely payment. Confirmation that the program will go ahead depends on sufficient registration.

**Cost per module**  
**Module 1:** \$575 (non-members), \$540 (CAST members)  
 Plus: additional one-time Admin fee \$50  
**Module 2:** \$625 (non-members), \$585 (CAST members)

**Payment structure and options**  
 Full payment per module is due a minimum of two weeks in advance of each module.  
 Options include: e-transfer to [treasurer@sandplaycanada.ca](mailto:treasurer@sandplaycanada.ca); payment online through Paypal (debit or credit card); cheque payable to CAST received through mail by Maria a minimum of two weeks in advance of each module.

**Important note:** Please consider your registration in this virtual 3-day training to be a statement of intention to: attend the complete series of trainings, and achieve the 100 hours of didactic training. While we are not asking for a financial commitment due to the uncertain timeline ahead, we want to move forward with a cohesive training group.

## REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Credentials or Training: \_\_\_\_\_

Current Practice: \_\_\_\_\_

For workshop or training payment by mail, complete this form and enclose cheque payable to CAST. Please do this after you have registered online, as noted above.

Mail to: Maria Iosue, 101 Sweeney Drive, North York, ON M4A 1T8