

## Kingston Training

Comprises of an Introductory workshop and three consecutive modules providing complete fulfillment of theoretical training hours required for certification (100 hours) with both CAST and ISST

### Module 2 part 1

November 10-11, 2018  
(2 days – 15 hours)

### Module 2 part 2

December 8-9, 2018  
(2 days – 15 hours)



*“Often the hands will solve a mystery that the intellect has struggled with in vain”*  
- CARL JUNG

### INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the International Association for Analytical Psychology (IAAP), recognizing Sandplay’s theoretical foundation in Jungian psychology.

visit [www.isst-society.com](http://www.isst-society.com)

### CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member of the International Society for Sandplay Therapy (ISST) since 1998. Our faculty is comprised of Teaching Members authorized by CAST and ISST to offer training, supervision and advising, leading to certification with ISST.

visit [www.sandplaycanada.ca](http://www.sandplaycanada.ca)

### CAST MEMBERSHIP BENEFITS

- Connecting with Canada’s Sandplay community
- Discounts for training and conferences
- Member newsletters

NOTE: Ongoing membership in CAST is required for certification candidates.

# TRAINING PROGRAM

All training seminars have three components: experiential, theoretical, and clinical. Experiential activities are used to teach the theory and principles of Kalffian sandplay, which are then elaborated in lectures and discussion. Clinical examples from case material, used with permission, illustrate sandplay dynamics in client process and within the therapeutic relationship.

Illustrative sandpictures are used to develop "seeing" skills that include bodily responses, evocation of memories, emotions, prior knowledge, and intuitive sense-making dynamics; and, subsequently, analysis and interpretation of pictures based on rational guidelines, amplification of symbolic material, and meaning for the client. This learning is integrated with an understanding of issues in the clinical practice of sandplay, emphasizing the central role of the therapist.

Throughout the training participants will write about their experience and develop awareness of their dynamic process with sandplay and their professionalism as a sandplay therapist.

## Module 2: The Mother/Feminine Archetype



The program includes, but is not limited to: models from Jung et al, Kalff, Neumann, feminist criticism, contemporary models, relationship to zeitgeist, symbols/polarities/uniting the opposites, transference/countertransference issues

**Facilitator: Sylvia Simonyi-Elmer** has been an Internationally Certified Sandplay Therapist since 1997. She is a founding member of CAST and was the National Representative for CAST on the ISST Board for 8 years. She currently serves on the CAST Board and is considered one of the Senior Teaching Members of CAST. She is a Registered Psychotherapist and is also a Supervisor with Play Therapy International. She has been in private practice in Kingston since 1993. Prior to her private practice she was employed at the Muki Baum Association as their Psychometrist/Therapist.

*“Sandplay is a form of active imagination... Even a single sandtray can have healing power... In the Sandplay process, one can often see order emerging from the chaos”*

- BRADWAY & MCCOARD

## SANDPLAY THERAPY

Dora Kalff developed Sandplay therapy, a psychotherapeutic approach for children and adults, in the late 1950s.

Through spontaneous imaginative play in trays of wet or dry sand, clients sculpt sand and place miniature figurines and objects to create three-dimensional scenes. In the “free and protected space” of the therapeutic environment, these sand pictures express and mediate between clients’ inner and outer worlds, and promote healing and wholeness.

Sandplay’s therapeutic effectiveness in working with childhood trauma has been documented in:

*Trauma Through a Child’s Eyes*, Peter Levine & Maggie Kline;

*Helping Abused and Traumatized Children*,



### ~~~~~Inquiries~~~~~

**Sylvia Simonyi-Elmer**  
1157 BUTTERNUT CREEK RD  
KINGSTON, ONTARIO  
PHONE: 613-548-0969

Or register online at [www.sandplay-canada.ca](http://www.sandplay-canada.ca)

### ~~~~~Payment information~~~~~

#### **Module 2, part1&2**

CAST Members **\$1100**

Non Members **\$1150**

Includes lunch, and morning and afternoon refreshments

Full payment for parts 1 & 2 of the Module 1 due on October 20

Cancellations can be refunded only if your space can be filled

**Please note** that \$75 processing fee will be charged in case of refund

#### **Complete your registration:**

online with PayPal at [www.sandplaycanada.ca](http://www.sandplaycanada.ca) or by mail using the registration form below.

#### **Location:**

1157 BUTTERNUT CREEK RD  
KINGSTON, ONTARIO, K7L 5H6  
PHONE: 613-548-0969

#### **Training Hours:**

**9:00 – 4:00**

#### **Accommodations**

Contact us if you need consultation about conveniently-located lodgings.

~~~~~ **Registration Form** ~~~~~

Name:

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Address:

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City: \_\_\_\_\_ Prov.: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Credentials or Training:

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- A cheque enclosed payable to CAST
- Mail to: **Sylvia Simonyi-Elmer**, 1157 BUTTERNUT CREEK RD, **KINGSTON, ONTARIO**, K7L 5H6
- PHONE: 613-548-0969