

Application for Entry into CAST Sandplay Therapy Training
(to accompany registration form)
Level I

Date _____ Name _____

Address _____

Telephone _____ E-mail _____

The entry qualifications given below are part of the **CAST Sandplay Therapy Training Levels Document**, which are in line with the expectations of the International Society for Sandplay Therapy (ISST). These guidelines can be found on our website sandplaycanada.ca under information about our Training Program. Please refer to them for details.

I. Please describe your education / experience with the following:

a) University Education **or** combination of experience and educational background, please attach your complete CV.

b) Knowledge of psychopathology, psychodiagnosis and psychotherapy.

c) Personal analysis or psychotherapy, or other experiences leading to in-depth inner development and insight. Please list below any evidence of therapy, workshops, experiential learning and continuing education which include reflective process and practice.

**To find out where to mail this form and your CV,
please consult the Teaching Member who is your primary contact.**

Canadian Association for Sandplay Therapy (CAST)
Association canadienne pour la thérapie par le jeu de sable
www.sandplaycanada.ca

d) Licensure to practice psychotherapy (Licensure to practice psychotherapy is required by CAST where it applies provincially. In provinces with alternative regulations or designations, the individual may appeal to CAST. Alternately, if you are training concurrently in psychotherapy as you do your CAST certification, a detailed plan of that training must be submitted in order to continue with the CAST training, and your certification will not be granted until licensure is complete.

e) Your current clinical practice.

f) Professional memberships or affiliations.

Supervision: Once an active Sandplay Therapy practice is begun by any student of Sandplay, s/he must be under the supervision of an ISST/CAST Teaching Member and must carry malpractice insurance, either through her/his place of work or, if in private practice, through a professional carrier.

Proof of Malpractice Insurance:

Name of carrier _____ Policy number _____

I understand that acceptance into Level 1 training does not guarantee entrance to the certification program. An application for the certification program must be submitted before completing 40 hours of training. For full certification requirements please refer to the CAST website. I also understand that I may not use any professional title referring to Sandplay Therapy until I am accepted into the Certification Program.

Signature _____ Date _____

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II. Personal Sandplay Process:

One of the experiences that is considered essential for a Sandplay Therapist is the completion of a personal Sandplay process. The discoveries and insights that occur during this process should precede advanced studies in Sandplay. The second level of training, beyond 40 hours, includes more detailed study of techniques in Sandplay, including specific applications. For this reason it is expected that anyone applying for Level II will have already completed at least five sessions with their personal process therapist, during their Level I training. (If there is no previous experience as described in section 1.c above, a personal Sandplay Therapy process of greater than 50 hours will be expected.)

I have completed a personal Sandplay process: Yes ___ No ___

I am currently involved in a personal Sandplay process: Yes ___ No ___

For ISST/CAST Certified Sandplay Therapists who are authorized to offer personal Sandplay process in Canada please consult our website at sandplaycanada.ca

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